

The thief comes only to steal and kill and destroy: I have come that they may have life, and have it to the full.



John 10:10 (NIV)

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小偷来只是偷窃,杀戮和毁灭;我来了,他们可能有生命,并充分享受生活。

دزیتن ا به سرق تکوشت ن ابود می آی د من آمده کلمه آن ا ممکن اس تن دگی اش تبه اشند، و آزر ا به کامل است

ចោរវាមកគិតតែពីលួចប្លន់គិតតែពីសម្លាប់និង បំផ្លាញប៉ុណ្ណោះ។ រីឯខ្ញុំវិញខ្ញុំមកដើម្បីអោយ មនុស្សលោកមានជីវិតហើយអោយគេមានជីវិត ពេញប

โบูเท็»ฯ 地球は主のものであり、その中のすべてのもの、世界、そしてそこに住むすべての人。



Global Health.

Physical Health.

**Emotional Health.** 

Relational Health.



I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture.

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 10:9-10 (NIV)

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."

Matthew 7:24 (NIV)



## Term 1: The world: Global Health. (Scott Higgins & Baptist World Aid)



Through him all things were made; without him nothing was made that has been made.

John 1:3 (NIV)

"The Lord God took the man and put him in the Garden of Eden to work it and take care of it." Gen 1:28.



Baptist World Aid Australia would like to invite you to come to our 60<sup>th</sup> Anniversary 'End Poverty' Launch on 12<sup>th</sup> February.

To end poverty we'll need to give generously, shop ethically, pray, and advocate to political and corporate power structures, so we are seeking to extend our discipleship in all of these areas.





The night will help us engage with the imminent Federal Election and the urgent recommendations from our Global Neighbour Index.

We'll also introduce our mobile phone discipleship App! This app will be fun to use with groups, families or alone and will have the Ethical Fashion Guide on it!





# Term 2: The body: Physical Health <sup>Tr</sup> (Material from New-Start) Rest



"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies."

1Corinthians 6:19 (NIV)



N. utrition

E. xercise

W. ater

S. unlight

T. emperance

A. ir

R. est

T. rust In God

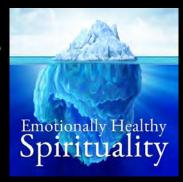




## Term 3: The mind: Emotional Health.

(Material from Peter Scazzero)

Emotional Health and Spiritual Maturity.

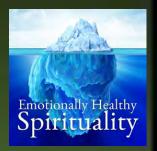


Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2 (NIV)



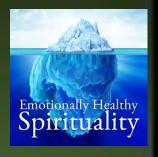
#### Emotionally Health Spiritualty.



- 1)The problem of Emotionally Unhealthy Spirituality.
- 2)Know yourself that you may know God.
- 3)Go back to go forward.
- 4) Journey through the wall.
- 5) Enlarge your soul through grief and loss.
- 6) Discover the rhythms of the Daily Office and Sabbath
- 7) Grow into an Emotionally Mature Adult.
- 8) Take the next step to develop a "Rule of Life".



### Emotionally Health Spiritualty.



Woodvale Baptist Church, in conjunction with Baptist Churches Western Australia and Sonshine FM are hosting the Emotionally Healthy Leadership One Day Conference on Tuesday February 19<sup>th</sup> 2019, 9am to 5pm at Woodvale Baptist Church.



Term 4: The community: Relational Health.

(Material from Como Preachers)

"If it is possible, as far as it depends on you, live at peace with everyone." Romans 12:18 (NIV)

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Galatians 5:22-23







Parents & Siblings
Marriage & Sexuality
Seniors & Ageing
Aboriginal & Cross cultures
Authority & Leadership





Abram traveled through the land as far as the site of the great tree of Moreh at Shechem. At that time the Canaanites were in the land.

The Lord appeared to Abram and said, "To your offspring I will give this land." So he built an altar there to the Lord, who had appeared to him.

Genesis 12:6-7 (NIV)



So they gave Jacob all the foreign gods they had and the rings in their ears, and Jacob buried them under the oak at Shechem.

Then they set out, and the terror of God fell on the towns all around them so that no one pursued them.

Genesis 35:4-5 (NIV)



On that day Joshua made a covenant for the people, and there at Shechem he reaffirmed for them decrees and laws.

And Joshua recorded these things in the Book of the Law of God. Then he took a large stone and set it up there under the oak near the holy place of the Lord.

Joshua 24:25-26 (NIV)

When the hour came, Jesus and his apostles reclined at the table. And he said to them,

"I have eagerly desired to eat this Passover with you before I suffer. For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God."

Luke 22:14-16 (NIV)





And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.



Luke 22:19-20 (NIV)







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